



your **FUTURE** depends on the
decisions that you take **TODAY...**

make a wise decision for
life
and choose career in
NURSING
you can pride &
honour...



ashirvad
NURSING & PARAMEDICAL INSTITUTE

Recognized by Indian Nursing Council, New Delhi
and U.P. State Medical Faculty, Govt. of U.P., Lucknow
(AN ISO 9001:2015 CERTIFIED INSTITUTION)

B 37/170-23, Girinagar Extension, Birdopur, Varanasi-221010

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We Provide
High standard
medical education and
Professional Knowledge

Information

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From the Chairman's Desk



I, Dr. S. P. Gupta have been a sharer of the dream of establishing Nursing & Paramedical School in this part of the state. I have been associated with the project since its concept and have been planning to turn it into an institution of repute inculcating the missionary zeal of selfless service in the students as may have been conceptualised by the honoured Florence Nightingale.

With the increase in number of hospitals, their equipments and ever multiplying new scientific techniques, nursing staff and paramedical technicians are being required greatly.

Ashirvad Nursing & Paramedical Institute's students are considered spark its divinity. We inculcate in them a synthesis of spiritual values and modern technology. Our teaching policy however implies "Learning by Doing" technique. We assure the society of Varanasi as a whole.

I strongly believe that the future is not what will happen but what we make it to be.

Dr. S. P. Gupta M.R.C.P., D.C.H. (London)
Chairman

From the Director's Desk



The cultural Capital City, Varanasi is also known as a distinguished centre for education.

Maintaining the legacy of the city with an intention to impart quality education, Ashirvad Nursing & Paramedical Institute has been brought into existence.

We believe that the institute will continue to play a vital role in making the girls self-reliant and confident through its courses on Nursing & Midwifery and Paramedical for their bright future.

I wish the Faculties, Administrative staff members and the students have a bright and prosperous future ahead.

Dr. Usha Gupta

Director
B.Sc., MBBS
Ashirvad Multi Speciality Hospital



Dr. Shalabh Gupta
MS, FRCS, FICS



Dr. Kaveri Gupta
M.B.B.S., M.R.C.O.G. (London)



Dr. Sameer Gupta
M.B.B.S., M.D. (Paediatrics)



Dr. Deepali Gupta
M.B.B.S., M.D. (B.H.U)

Principal's Message



I have the privilege to welcome you all to this great temple of learning. This is the prestigious Institute in Varanasi, aiming to become epitome of excellence in rendering quality nursing education and prepare our nurses with competent skills in nursing practice by our highly qualified and experienced teachers.

The Institute is proud to mention that the students of this institute who have completed their education are in great demand all over India. I welcome you to the Ashirvad Nursing and Paramedical Institute and wish you success in all your future endeavor.

Dr. Deepali Sachan
Ph.D. Nursing
Speciality - Community Health & Nursing

Administrator's Message



Welcome to our Ashirvad Nursing and Paramedical Institute. It gives me immense pleasure to welcome you to our institution, where we are committed to providing quality education and professional training in the field of nursing and healthcare. Our goal is to develop skilled, compassionate, and responsible healthcare professionals who can serve society with dedication and excellence. We focus on academic excellence, practical learning, ethical values, and personality development to ensure that our students are well-prepared to meet the challenges of the healthcare sector. With experienced faculty, modern facilities, and a student-centered approach, we strive to create an environment that promotes learning, innovation, and professional growth. I encourage all students to make the best use of the opportunities available at our institute and work towards achieving their dreams. Together, let us build a healthier and brighter future.

Mr. Ashutosh Rai
Administrative Officer

NURSING PROFESSION

“Be Proud to be Nurse, serve the humanity”

Overview of the Programme

NURSE :Nobility Unselfishness Responsibility Service Efficiency

The word “Nursing” draws its essence from the Noble mission initiated by “FLORENCE NIGHTINGALE” who set forth the path for the professional needs. The necessity of educated trained professionals who could be competent enough to handle and take care of the sick and ailing members of the society. The aim of the mission is to train nursing professionals with high standards and spirit of devotion and human touch. A sick person is more than 50% cured if he or she is handled with responsive care. The Nursing is a science and art, which requires a sound scientific education. Besides this, nursing is a service to humanity, is devoted as it helps curing the patients by applying scientific knowledge and skill during their studies. A Professional nurse is a graduate of a recognized Nursing College, who has registered with State Nursing Council, which is a licence to practice. Nursing is a systematic deliberate process directed towards assisting individuals and groups in promoting maintaining and restoring maximum health potential and supporting the dignity of the individual in life. This process is based upon the combination of scientific knowledge and skills that consists of action that is independent but coordinated with other health care programmes. Concept of Nursing is based on Indian Nursing Council's definition “the unique function of the Nurse, which is to assist the individual, sick or well, in the performance of those activities contributing to health or its recovery”. The staff of Nursing college believe that the basic course in Nursing must necessarily be laid on sound medical & scientific foundations. Further the faculty of nursing college believes : (a) That learning occurs not only in classroom, but in the peer groups and through participation in a wide variety of extra-curricular activities in different fields. (b) That Nursing is a profession, which influenced by advances in Science and Technology. (c) That skills in all aspects of communication is essential for learning and for the practice of nursing. (d) That the nature of nursing education is such that substantial portion of student's learning is acquired in clinical area. (e) That interdependent of Nursing with allied profession and occupations are necessary for promoting, maintaining and restoring health. (f) That the new persons entering in pioneering profession must be guided for their brilliant career in nursing so that they may prove efficient in imparting services to the society.

Medium of Instruction

Medium of instruction and Examination are in English & Hindi

About Us

Ashirvad Nursing and paramedical institute situated in the heart of the city Mahmoorganj ,Varanasi, which is 2 kms far from Banaras station & 3.5 kms. far from cantt Varanasi. Ashirvad Nursing and paramedical institute was started in the year 2011 with 50 seats of GNM & ANM Nursing programme, and in 2013 we got approval of 60 seats of GNM. This institute is **affiliated by U.P. State Medical Faculty and approved by Indian Nursing Council**. We give personal attention to each student and emphasize on etiquettes, maintain high degree of discipline and abide the code of conduct which reflects the dignifying behavior in the campus. Extra Curricular activities are carried out like Blood donation, National Health Days celebration, pulse polio, sports, social gathering & various competitions to show their talents and skills.

COURSES AVAILABLE:

General Nursing & Midwifery (GNM)

Duration — 3 Years
Eligibility — 10+2 or equivalent Arts or Science with English 40% marks
Age — Minimum 17 years
Admission Process - UPGET GNM Entrance Test
Website - www.abvmuup.edu.in

Syllabus

1stYear (Subjects)

- (1) Bio Sciences
 - Anatomy & Physiology
 - Microbiology
- (2) Behavioral Sciences
 - Psychology
 - Sociology
- (3) Nursing Foundations
 - Fundamentals of Nursing
 - First Aid
- (4) Community Health Nursing
 - Environmental Nursing
 - Health Education & Communication Skills
 - Nutrition
- (5) English
- (6) Computer

2ndYear (Subjects)

- Medical Surgical Nursing – I
- Medical Surgical Nursing – II
- Mental Health Nursing
- Child Health Nursing
- Co-curricular activities

3r Year (Subjects) – Part 1

- Midwifery & Gynecological Nursing
- Community Health Nursing-II
- Co-curricular activities

3rd Year (Subjects) – Part 2 (Integrated Supervised Internship)

(1) Theory Subjects

- Nursing Education
- Introduction to Research and statistics
- Professional Trends & Adjustments
- Nursing Administration & Ward Management

(2) Clinical Areas

- Medical Surgical Nursing
- Community Health Nursing
- Child Health Nursing
- Midwifery and Gynecological Nursing
- Mental Health Nursing

Auxiliary Nurse & Midfiery (ANM)

Duration — 2 Years
Eligibility — 10+2 or equivalent Arts or Science.
Age — Minimum 17 years
Admission Process - Direct Admission

Syllabus

1st Year Subjects :

- (1) Community Health Nursing
- (2) Health Promotion
 - Nutrition
 - Human Body & Hygiene
 - Environmental Sanitation
 - Mental Health
- (3) Primary Health Care Nursing
 - Infection & Immunization
 - Communicable Diseases
 - Community Health Problems
 - Primary Medical Care
 - First Aid & Referral
- (4) Child Health Nursing

2nd Year Subjects (First 6 months):

- Midwifery
- Health Centre Management

2nd Year Subjects (Internship Period):

- (1) Midwifery
 - Antenatal Ward
 - Intranatal/labour room
 - Post natal ward
 - Neonatal care unit
- (2) Child Health
- (3) Community Health and Health Center Management

Admission Procedure

Candidates should submit the prescribed application form duly completed along with requisite documents.

Documents required at the time of admission:

1. Original mark sheet & Certificate of 10th and 12th
2. Adhar Card
3. 5 Passport size photograph
4. Transfer Certificate or School Leaving Certificate, Migration certificate original
5. Caste certificate issued by the competent authority
6. Certificate of change of name, if applicable supported by documentary evidence like government Gazette .
7. Email id and mobile no.

Faculty

The Ashirvad Nursing and paramedical institute has highly qualified, experienced and dedicated faculty who are responsible for overall development of the students. The faculty takes keen interest in conducting seminars, workshops, research projects and practice training in all aspects of nursing.

Infrastructure / Physical Facilities

Smart Lecture Room

We are having air conditioned class rooms, is equipped with the basic technology that will enable to connect laptop to the projector.

Laboratories

We have spacious with fully equipped laboratories where various procedures have been demonstrated to students and allowed students to practice. Aim is to give complete practical training in each department to develop their knowledge and skill. Laboratories are as follows:

1. Nursing Foundation Lab: There are various clinical settings like philosophy development and understanding, their objectives, related theories and different types of nursing process so the Nursing Foundation Course covers all these in proper manner.

Students can acquire knowledge; clear understanding can develop required skills in nursing procedure techniques and are able to perform hands-on practice as much as they can.

We have designed a Nursing Foundation Course with well equipped laboratories with 7 beds and also having manikin to perform/practice various procedures of nursing with CPR.

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2. OBG Lab: Midwifery and Obstetrical Nursing lab provides first hand experience in assessment of antenatal cases, intranental cases, post natal cases, neonatal assessment, demonstrations of nursing care and handling problems accordingly.

Students will be able to appreciate the concepts, principal of midwifery and obstetrical nursing through this course. Course helps students to acquire knowledge and skills in rendering nursing services to normal and high risk pregnant women to

antenatal, natal and postnatal period in hospitals and community settings.

Course also helps students to develop skills in managing normal, high risk neonates and participates in the family welfare programmes.

3. Child Health Nursing (Paediatric) Lab

Child Health Nursing lab provides a solid foundation platform to pediatric nursing through which students will be able to have first hand experience for handling neonates, children with the help of simulated models (mankines) and also performing various nursing procedures before going to actual clinical settings.

Students will be able to develop an understanding of the modern approaches for child care, identifications, prevention and nursing management of common health problems of newborn and children.



4. Nutrition Lab: We are having a separate laboratory which is well equipped with various types of models, branding with specific posters, flash cards, nutrition education flip charts, various vessels and all required accessories to prepare different-different recipes as per the different kinds of food which are required in different-different illnesses.

Students will be able to acquire knowledge of nutritions which is required to maintain optimum health in different stages of life and its applications to nursing.

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5. Community Health Nursing Lab:

We are having a laboratory which is well equipped with community bags to learn various bag techniques and various audiovisual aids which are related to community health concerns.

Students will be able to develop the understanding of modern approach for appreciation of the principles of promotion and maintain the health, identification, prevention, common health problems in collaboration with community health team, members of the family and with community leaders with proper management.



6. Pre clinical Science Lab



Pre clinical science lab provides comprehensive knowledge of microbiology, biochemistry, anatomy and physiology . This lab is designed with excellent infrastructure, equipped with various specimens, models slides and charts. Therefore the students can have more understanding related to the structure and physiological process of various organs and systems of the human body. This lab also helps in developing deeper knowledge and skills

among the students which will help them applying in on clinical and theoretical grounds.

7. Computer Lab:

There is a dedicated computer centre that provides easily accessible and excellent facility to the faculty and students catering to their academic, research and recreational requirements.



Library & Internet Facilities

The college has excellent library facilities, it is spacious and well equipped library boasts of a voluminous collection of more than 2000 books, all the latest edition books and International and National Journals are available. The lab has been provided with Internet facility and students and the faculty have open access to this facility.

Auditorium:

The Auditorium is spacious, equipped with latest audio-video facilities with capacity of 250 and is being extensively used for all seminars, guest lectures, symposium, workshop and extracurricular activities.



Clinical Facilities

We have our own Parent Hospital ,Ashirvad Multi speciality Hospital which Was Started In 1974 By Dr S P Gupta And Dr Usha Gupta . It is 100 bedded located near to our institute at mahmoorganj,Varanasi,. Hospital has various specialization departments including operation theaters, Medical, Surgical, Neonatal ICUs etc. Various wards, well equipped with new technology pathology, microbiology and component blood bank, etc. Latest technology IVF , Ultra Sonography, Mammography, X-ray, etc. Students are posted as per their clinical experience in the hospital to gain the knowledge and skill. Students are also posted IN **District Hospital, Varanasi** and for Community experience students are posted in **CHC and PHC** as per their syllabus.



Ashirvad Multi Speciality Hospital



(District Hospital Varanasi)



Anti-Ragging

Ragging in any form is strictly prohibited. In case the applicant for admission is found to have indulged in ragging in the past or if it is noticed later that he/she has indulged in ragging, admission can be refused or he/ she shall be subjected to penal action as per provisions of law, also expelled from the college, as detailed in the law concerned and as per Hon'ble Supreme Court of India directions in this regard. After the admission is confirmed each student has to give undertaking regarding non involvement in ragging.

Here are some basic things that our institute implement in order to prevent ragging from strengthening its root in the institute.

- Usage of cctv footage.
- Interaction between seniors & juniors.
- Punishment.
- Anti Ragging squad in campus.

Anti Sexual Harassment Committee

Anti Sexual Harassment Committee, comprising of members from the teaching and non-teaching staff as well as students looks into matters related to sexual harassment of students and staffs in the college. The boards indicating the names, their phone numbers of the committee members are displayed in the college.

Transport

Our Institute provides **two buses** and **one scorpio** for students and faculties. Our transport facility is used for various clinical postings ,educational purposes like field trips, industrial visits and many more.



Hostel facility:

Institute has its own girls hostel within the campus. There are 2 seater ,3 seater and 4 seater rooms in the



hostel students have access to TV room, aqua guard for hot, cold and normal drinking water and other leisure/sports activities within the hostel premises. Also includes facility of 24×7 electricity and water supply. Rooms with attached washroom, bed, table, chair and almirahs.

Mess facility-hygienic and delicious vegetarian food provided with a lot of variety in the Menu.

Hostel Mess



Hostel Recreation room

Residential facility is permitted on annual basis for students admitted for regular programmes for the duration of regular academic.

Residential facility will be provided till the end of the regular academic session including regular exams. Students can come and join two days prior to start of academic session and will be required to vacate Residential rooms within two days after regular exams.

To make the stay of the students a pleasant one they are constantly involved by organizing various celebrations, events and activities like cultural activities, sports and



debates.

The institute ensures the safety and security of the students in the hostels through a dedicated team of security officers and personnel who work for the same. There are security guards who take care that proper decorum is maintained in the campus and are there to assist the students in case of any emergency. Conditions of availing Residential Facility.



Reading Room

Students are encouraged to avail other facilities like e-mail, internet, CD-ROM browsing & photocopying. Ample and separate reading space has been provided to both the students and faculty along with comfortable seating arrangements.



Rules and Regulations

- The student should not paste any poster or painting on the walls of rooms or at other places in and outside residential premises.
- The entrance of outsiders in the residential accommodation will be restricted and entry and/or stay of parents/guardian or any other visitor (if authorized) will be subject to the permission of warden and other concerned authorities of the College.
- Students having complaints regarding mess/hostel should report to the Warden/ Principal. But they are not allowed to indulge in accumulating the mess or strike.
- All Hostel gates will be closed at 9.00 a.m. and opened at 4.15 p.m. during the college days. In between, students are not allowed to enter the hostel. All hostel gates will be closed at 8.30 p.m. daily.
- Students themselves are responsible for the cleanliness of their rooms/apartments. However the washrooms and corridors will be cleaned by the housekeeping staff on periodical basis.
- Student should be present in their respective rooms when the attendance is taken during study hours. Absentees will be fined.
- Minimum one year is compulsory to stay in the hostel.
- Before leaving the hostel one month prior notice is compulsory.
- Alcohol tobacco drugs & any type of intoxicating substances are strictly banned.
- Ragging is punishable criminal offence & leads to immediate expulsion.
- Cooking in the hostel rooms is strictly prohibited.
- Lights fan & electronics items must be switched off when leaving the room to prevent wastage.
- Upon admission to their respective course students will be allotted room by the hostel warden based on availability.
- Hostel students are advised to securely keep their room 2 cupboard keys, any damage to the padlock of the door will result in a penalty of Rs. 1000/-
- Submit the hostel fees before 5th day of every month otherwise fine will be charged.

POLICIES OF OUR INSTITUTION:

ACADEMIC POLICIES

School Discipline- Discipline is the law of nature. Without it, nothing works. Inculcating discipline amongst children is the most significant aspect of education and is not confined to school alone. Parents, too, must co-operate with the school in observing these norms:

ATTENDANCE

1. 80% Attendance in theory and 100% attendance in clinicals is compulsory, so students are expected to attend school regularly. In case of sickness for any period of time, a Medical Certificate must be attached with the leave application.
2. Irregular attendance, unjustified or unexplained absence from school, habitual late coming, leaving the school premises without permission, disobedience and any type of unruly behavior are considered to be grave acts of indiscipline on the part of a student which can lead to his/her expulsion from the school.

UNIFORM

The school uniform, only in prescribed school colour and their id cards should be immaculate, clean and smart, and should be worn on all working days. Actions will be taken against students who are habitually improperly dressed.

DISCIPLINARY ACTIONS IN SCHOOL

1. Students are expected to take proper care of the school property. It is for their convenience.
2. They should not write and scratch on desks, chairs and other surfaces.
3. Damage done even by accident must be reported at once to the Principal/ Class Teacher.
4. Running and shouting in the school premises is not allowed.
5. No money collection for any purpose is allowed to be made in the school without prior permission of the Principal.
6. It is compulsory for all students to attend the prayer assembly .
7. Students are not permitted to carry mobile phones to the school.
8. Misbehaviour inside the school premises may also lead to disciplinary action against the concerned student. use of abusive language, discourtesy and disrespect to the teachers, disobedience and irregular attendance will also lead to strict disciplinary action.
9. Bunking classes or school is strictly prohibited.

CLEANLINESS

Cleanliness must be observed in school premises. Throwing waste products, pieces of paper, seeds and skins of fruits is strictly prohibited. Use dustbins .



The Nightingale Pledge

I solemnly pledge myself before God and in the presence of this assembly, to conscientiously practice my profession.
I will respect all life, dignity, rights of man in the practice of my calling.
I will zealously seek, to nurse those who need care irrespective of nationality, race, creed, colour, age, sex, politics or social status.
I will collaborate and co-ordinate, with health team, and devote myself, to the welfare, of my patients, my family and my country.
I will endeavor, to fulfill my rights, and privileges, as a good citizen, and take my share of responsibility, to promote health, to prevent illness, to restore health, and to alleviate suffering.
I will constantly endeavor, to increase my knowledge, and skills in nursing and to use them wisely.
I will be active in assisting others, in safeguarding and promoting the health and happiness of mankind.

